

Adjusting Hours

AM Hours: 9:00 - 11:00 M, W, TH
 PM Hours: 3:30 - 6:00 pm M, T, W, TH

Nutritional Coaching by Appointment

May 2018

National "Correct Posture" Month

Camp Hill Family
CHIROPRACTIC

wellness made simple
 717-761-8840

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Ask us about our Lunch-n-Learns and Health Talks!</p>		<p>1</p>  <p>Ask Dr. Jeff about Text Neck!</p>	<p>2</p>	<p>3</p>  <p>6:00 PM 30 Minutes to Wellness Talk</p>	<p>4</p>	<p>5</p>  <p>Earn Boney Bucks! Refer a New Patient</p>
<p>6</p>  <p>Allergies? THINK Chiropractic</p>	<p>7</p> <p>Order Supplements by Noon Today!</p>	<p>8</p>  <p>How's your Posture?</p>	<p>9</p>	<p>10</p>	<p>11</p>	<p>12</p>  <p>Earn Boney Bucks! Refer a New Patient</p>
<p>Vertebra of the Week: T8 Affects lowered resistance to illness; acute, chronic infections; and hiccups</p>						
<p>13</p> 	<p>14</p> <p>MOMS! We have a flower for you!</p>	<p>15</p>  <p>Download the PostureZone app!</p>	<p>16</p> <p>Open AM Closed PM</p>	<p>17</p>  <p>Dinner Talk with Dr. Jeff 6:30 PM</p>	<p>18</p>	<p>19</p>  <p>Earn Boney Bucks! Refer a New Patient</p>
<p>Vertebra of the Week: T9 Affects allergies, hives, anemia, hypertension, hypoglycemia, obesity, hair loss</p>						
<p>20</p>  <p>Headaches? THINK Chiropractic</p>	<p>21</p> <p>Order Supplements by Noon Today!</p>	<p>22</p>  <p>What are you doing to improve your posture?</p>	<p>23</p>	<p>24</p>  <p>Ask about our Lunch-n-Learns!</p>	<p>25</p>	<p>26</p>  <p>Earn Boney Bucks! Refer a New Patient</p>
<p>Vertebra of the Week: T10 Affects kidney problems, nephritis, pyelitis and chronic fatigue</p>						
<p>27</p>  <p>Chiropractic care can help with colic!</p>	<p>28</p>  <p>CLOSED</p>	<p>29</p> <p>Open AM & PM</p>	<p>30</p>	<p>31</p>	<p>Ask us about the newest way to earn Boney Bucks</p>	
<p>Vertebra of the Week: T11 Affects skin problems, acne, eczema and boils</p>						